

# On Track Meals

## Side Dishes

200g

Meals & Ingredient List

2 Servings Per Packet



ON TRACK  
MEALS



Food	Ingredients & Allergens
Coffee Infused Rice Pudding  200g	<b>INGREDIENTS</b> CREAM [CREAM (35% MILK FAT), GELATIN (HALAL), STABILISER (407A), EMULSIFIER (471)], **MILK**, WATER, ARBORIO RICE, BROWN SUGAR, GOLDEN SYRUP, SUGAR, COFFEE POWDER, CANOLA OIL, SALT, [SALT, ANTICAKING AGENT (E554)], NUTMEG <b>ALLERGENS</b> CONTAINS MILK MAY CONTAIN SULPHITES
Coconut Rice Pudding  200g	<b>INGREDIENTS</b> WATER, COCONUT CREAM [COCONUT CREAM 99.9%, STABILISERS (XANTHAM GUM, GUAR GUM, CARRAGEENAN)], ARBORIO RICE, SUGAR, CANOLA OIL, NUTMEG, SALT [SALT, ANTICAKING AGENT (E554)]
Pumpkin & Potato Mash  200g	<b>INGREDIENTS</b> PUMPKIN, **MILK**, WATER, CREAM [CREAM (35% MILK FAT), GELATIN (HALAL), STABILISER (407A), EMULSIFIER (471)], POTATO FLAKES [POTATOES, EMULSIFIER E471, ACIDITY REGULATOR E330], SALT [SALT ANTICAKING AGENT (E554)], PARSLEY, WHITE PEPPER <b>ALLERGENS</b> CONTAINS MILK